

INGREDIENTS AND INSTRUCTIONS.

Hospital Diets.

Beef Tea,.....8 ounces lean beef with all fat removed to produce 1 pint. Cut the beef into very small pieces and put into a vessel with cold water, adding a little salt. Let it warm gradually and simmer for two hours. It should *not* be allowed to boil. Pass the beef tea through a strainer to remove the beef.

Soup,	} Prepare as for ordinary diets.
Gruel,	
Suet Pudding,.....	
Cocoa,	
Congee,	
Chutney,	
Tea,	
Curry Stuff,.....	

The following articles may be ordered as *Extras or Substitutes* in the quantities considered necessary by the Medical Officer:—

Ale	per bottle.	Fish,	per lb.	Spirits	per bottle.
Beef Tea	" pint.	Fruit	" "	Stout	" "
Bread	" lb.	Ice	" "	Sugar	" lb.
Butter	" "	Milk	" pint.	Sweet Potatoes	" "
Chicken	" "	Mineral Waters	" bottle.	Tea	" "
Cocoa	" "	Oatmeal	" lb.	Vegetables	" "
Cornflour	" "	Rice	" "	Wine	" bottle.
Eggs	each.	Sago	" "		

COUNCIL CHAMBER,
HONGKONG.

J. G. T. BUCKLE,
Clerk of Councils.

GOVERNMENT NOTIFICATION.—No. 298.

The following Lot of Crown Land at Chater Road (Reclamation, back of Telegraph Company's Offices) will be sold by Public Auction at the Offices of the Public Works Department, on Monday, the 5th day of June, 1899, at 3 p.m.

Inland Lot No. 1,536.

For Particulars and Conditions of Sale see page 795 of the *Government Gazette* for 1899.

By Command,

J. G. T. BUCKLE,
for the Colonial Secretary.

Colonial Secretary's Office, Hongkong, 20th May, 1899.

GOVERNMENT NOTIFICATION.—No. 308.

The following are published.

By Command,

J. G. T. BUCKLE,
for the Colonial Secretary.

Colonial Secretary's Office, Hongkong, 27th May, 1899.

Government of China.

NOTICE TO MARINERS,

No. 340.

CHINA SEA.

FOOCHOW DISTRICT.

ENTRANCE TO MIN RIVER.

BANK TO SOUTHWARD OF SOUTH POINT OF SHARP PEAK ISLAND.

Notice is hereby given that a bank of small extent, with 8 feet of water on it at low water of spring tides, exists about $2\frac{1}{2}$ cables S. $\frac{1}{4}$ W. from the south point of Sharp Peak Island.

To avoid this bank vessels entering the Min River should, after crossing the Inner Bar, bring the south end of West Brother just open of the south end of East Brother, and keep them so until Woga Point and High Sharp Peak are in line. These latter two marks kept in line on a N.W. course will lead into the deep water to the southward of Woga Hill.

By Order of the Inspector General of Customs,

W. FERD. TYLER,
Acting Coast Inspector.

IMPERIAL MARITIME CUSTOMS,
COAST INSPECTOR'S OFFICE,
SHANGHAI, 20th May 1899.

SANTU DISTRICT.

LOCAL NOTICE TO MARINERS No. 1.

(Sunken rock off Crag Island,
Samsah Bay, to be shortly
marked by a red and black
chequered 6 foot Nun Buoy.

Notice is hereby given that the sunken rock in Samsah Bay upon which the German Flagship "Kaiser" struck on 15th November, 1898, will be shortly marked by a red and black chequered 6-foot Nun Buoy, without cage.

The buoy, whose position will be accurately given in a subsequent notification, will be moored in some position about W $\frac{3}{4}$ N $1\frac{1}{8}$ miles from the north-western point of Crag Island (青山) Samsah Bay (三沙灣) and about $1\frac{1}{2}$ cables to the northward of the northernmost part of the danger, in about eight fathoms at low water.

The channel to the northward of the Buoy is recommended.

EDWARD STEVENS,
Harbour Master,
Foochow.

Approved:

P. VON TANNER,
Commissioner of Customs.
Custom House,
Foochow, 13th May, 1899.

GOVERNMENT NOTIFICATION.—No. 269.

Tenders will be received at this Office until Noon of Monday, the 29th May, 1899, for the supply of the undermentioned articles to the Sanitary Department from date of acceptance of tender till the end of the current year:—

Buckets, wooden (complete).	Black-lead, per packet.
" " for street watering.	Lamp wick.
" " } Night-soil.	Firewood, per picul.
" zinc }	Sulphur, per lb.
" oval }	Rain coats and hats.
" lime-wash.	Disinfecting pans.
Water tubs.	Iron dishes.
Bath bricks.	Watering pans (zinc).
Charcoal.	Oil, ground nut.
Coal tar (lust).	" kerosene.
White lime, per picul.	" Castor, for lubricating purposes.
Brushes, lime-wash (each).	" Olive.
" Coal tar "	Men's jackets, No.
" Black lead "	" " padded, "
" Paint "	" trousers, "
" Scrubbing "	Women's jackets, "
Brooms, Bamboo "	" " padded, "
" soft "	" trousers, "
Baskets, large.	Children's jackets, "
" small.	" trousers, "
Blankets.	Blankets.
Mops.	Towels.
Cotton-waste (best).	Mats.
Soda.	Manila rope. $\frac{1}{2}$ inch, per lb.
Soap, bar, common, per lb.	" " 1 " "
" Bombay, per lb.	" " $1\frac{1}{2}$ " "
" Brooks, per bar.	Quicklime, per ton.
" soft, commercial.	Petty cash, as required.
" " carbolic.	

No tender will be received unless the person tendering produces a receipt to the effect that he has deposited in the Colonial Treasury the sum of Twenty-five Dollars as a pledge of the *bona fides* of his offer, which sum shall be forfeited to the Crown, if such person fails or refuses to carry out his tender, should the tender be accepted.

For form of tender apply at the Colonial Secretary's Office, and this form only must be used.

For further information apply at the Office of the Sanitary Board.

The Government does not bind itself to accept the lowest or any tender.

By Command,

J. H. STEWART LOCKHART,
Colonial Secretary.

Colonial Secretary's Office. Hongkong, 6th May, 1899.