

## INGREDIENTS AND INSTRUCTIONS.

*Hospital Diets.*

Beef Tea,.....8 ounces lean beef with all fat removed to produce 1 pint. Cut the beef into very small pieces and put into a vessel with cold water, adding a little salt. Let it warm gradually and simmer for two hours. It should *not* be allowed to boil. Pass the beef tea through a strainer to remove the beef.

Soup, .....	} Prepare as for ordinary diets.
Gruel, .....	
Suet Pudding,.....	
Cocoa, .....	
Congee, .....	
Chutney, .....	
Tea, .....	
Curry Stuff,.....	

The following articles may be ordered as *Extras or Substitutes* in the quantities considered necessary by the Medical Officer:—

Ale	per bottle.	Fish	per lb.	Spirits	per bottle.
Beef Tea	" pint.	Fruit	" "	Stout	" "
Bread	" lb.	Ice	" "	Sugar	" lb.
Butter	" "	Milk	" pint.	Sweet Potatoes	" "
Chicken	" "	Mineral Waters	" bottle.	Tea.	" "
Cocoa	" "	Oatmeal	" lb.	Vegetables	" "
Cornflour	" "	Rice	" "	Wine	" bottle.
Eggs	each.	Sago	" "		

COUNCIL CHAMBER,  
HONGKONG.

J. G. T. BUCKLE,  
*Clerk of Councils.*

## GOVERNMENT NOTIFICATION.—No. 178.

The following Notice is published.

By Command,

J. H. STEWART LOCKHART,  
*Colonial Secretary.*

Colonial Secretary's Office, Hongkong, 23rd March, 1899.

## NOTICE.

A Special Sessions of Her Majesty's Justices of the Peace will be held in the Justices' Room, at the Magistracy, on Wednesday, the 5th day of April, A.D. 1899, at 12 o'clock noon, for the purpose of considering applications from—

- (1) JAMES EDWARDS, for a Publican's licence to sell and retail intoxicating liquors on the premises situate at house No. 18, Praya Central, under the sign of "The Central Hotel."
- (2) GEORGE LEITCH, for the transfer of his Publican's licence to sell and retail intoxicating liquors on the premises situate at houses Nos. 148 and 150, Queen's Road Central, under the sign of "The Stag Hotel" to JOHN MORSON COWELL.

T. SERCOMBE SMITH,  
*Police Magistrate.*

Magistracy, Hongkong, 22nd March, 1899.

## GOVERNMENT NOTIFICATION.—No. 179.

His Excellency the Governor has given his assent, in the name and on behalf of the QUEEN, to the following Ordinance passed by the Legislative Council:—

Ordinance No. 9 of 1899.—An Ordinance to amend the law relating to Solicitors of the Supreme Court.

By Command,

J. H. STEWART LOCKHART,  
*Colonial Secretary.*

Colonial Secretary's Office, Hongkong, 21st March, 1899.