

(Z 10)

MENTAL HOSPITAL RETURN.

QUESTION I.—(STATISTICAL.)

GENERAL STATISTICAL TABLE.

Treated.	Number admitted during 1934	Daily average number during 1934.	Number of Attendants.				Discharged.			Number of patients who died in 1934.	Average stay (days) of those.		
			Resident.		Non-Resident.		Recovered.	Relieved.	Not improved.		Died in 1934.	Discharged.	Remaining at end of 1934.
			Employed in attendance on the patients.	Employed as servants or only partially as attendants.	Employed in attendance on the patients.	Employed as servants or only partially as attendants.							
Males	198	24.2	14	5	59	54	79	2	47.	20.7	1,896.
Females	109	20.	5	...	2	...	38	26	45	1	198.	20.4	1,604.
TOTAL...	307	44.2	19	5	2	...	97	80	124	3	245.	41.1	3,490.

N.B.—Of those admitted during the year 261 were believed to be suffering from their first attack of insanity.

1934.

OBITUARY TABLE.

Number of deceased on register.	Age of deceased.	Sex	Boily condition on admission.	Form of mental disorder.	Date of admission.	Cause of death.	Whether Coroner's inquest and verdict.	Whether p. m. was held.
37	84	Female.	Poor.	Dementia.	29th Dec., 1933.	Cardiac Failure.	No.	No.
283	50	Male.	"	Melancholia.	8th Sept., 1934.	"	"	"
320	60	"	"	G.P.I.	20th Jan., 1934.	Syphilis.	"	Yes.

Fill up the following table of cases of each kind of disease treated in the hospital in the year, with the number of deaths from each such disease:—

Diseases Treated.	Number of Cases.	Number of Deaths.
Alcoholism,	12	...
Epilepsy,	8	...
Imbecility,	39	...
Syphilitic Insanity,	16	1
Mania,	31	...
Melancholia,	23	1
Dementia,	58	1
Under Observation,	110	...
Delusional Insanity,	26	...
Confusional Insanity,	12	...
Insanity of Infective Toxic,	3	...
Post Febrile, Insanity,	6	...

And fill up the next tables of the cases of the following diseases occurring amongst patients and also amongst officers.

PATIENTS.

Name of Disease.	Number of Cases.	Number of days in Hospital before attack.	Disease patient was admitted for.	Died.
Beri-Beri,	Nil.			

STAFF.

Typhoid,	Nil.			
Gastro-Enteritis,	Nil.			

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QUESTION I,—Continued.

SPACE AND ACCOMMODATION TABLE.

Description of rooms.	The number of such rooms.	The gross cubic space of all such rooms.	The gross superficial area of all such rooms.	Height of all such rooms.	Amount of superficial space allowed per patient.	Average temperature.		The amount of window space.
						Winter.	Summer.	
Dormitories	None.	} Not recorded.	...	
Day rooms and corridors used } ... as day rooms }	Six.	44,459	3,456	18 feet	180 sq. ft.		641	
Single rooms	Thirty.	40,240	3,228	14 "	100 "		532	

Questions.

What is the source of the water supply; the quality of the water; and the amount of water available for all purposes expressed in gallons, per patient, per day?

What is the number of :—

(I.) lavatories ?

(II.) baths ?

(III.) latrines ?

What is the system of sewerage ?

Answers.

Rain water from the public reservoirs; good; practically unlimited.

Four. The proportion of the total number of basins in them all to the total number of patients is 1 to 3.

Four. The proportion of the total number of baths to the total number of patients is 1 to 5; the patients are bathed twice a week and oftener if they desire to do so; an unlimited supply of water is allowed for each bath; fresh water is given to every patient, and the supply of hot water is adequate. A responsible official or attendant is always present during the bathing operations, and he reports, in writing, to the Superintendent of the institution as to the existence of any bruises, eruptions, deformities or other peculiarities he observes when patients are stripped.

None. The total number of seats to the total number of patients is 1 to 5.

Water-closets of the wash-out type provided with waste-preventing cisterns are used.

QUESTION II.—(MANAGEMENT).

RESTRAINT.

Restraint.	Seclusion* under lock and key.	Mechanical restraint.
(a) The number of persons subject to.....	} 22 Males. 13 Females. 24 Males. 18 Females. 120 hours. 10 hours.	8 Males. 8 Females.
(b) The number of times resorted to		12 Males. 14 Females.
(c) The total number of hours restraint has been employed in all cases combined.....		72 hours.
(d) The greatest duration of, in any single instance		10 hours.

A physical examination of each patient is made by a medical practitioner immediately on admission.

* "Seclusion" means "the enforced isolation of a patient by day between the hours of 7 a.m. and 7 p.m. by the closing by any means whatsoever of the door of the room in which the patient is". The term "seclusion" does not apply to patients who are locked up in their rooms at night, as all patients sleeping in single rooms are locked up.

Questions.

In reference to the above table, state :—

I. By whose authority patients are restrained.

II. What methods of mechanical restraint are in use.

III. Casualties.—State particulars of any, and, if any, how many, cases of roughness or unkindness by attendants to patients have been brought to the notice of the proper authority, and what was the result in each case. Give a short account of all serious casualties sustained by patients.

IV. What was the number of cases of injury to patients— (I.) By themselves ?

(II.) By other Patients ?

(III.) By Attendants ?

Answers.

Medical Officer.

Strait Jacket & Shackles.

Nil.

Nil.

Nil.

Nil.

QUESTION,—Continued.

OCCUPATION.

<i>Questions.</i>	ACRES.	R.	P.	<i>Answers.</i>
State the extent of—				
(I.) The airing courts	0	0	273	}
(II.) and other grounds.....				
Are the patients, as a rule, given daily exercise, their health permitting?				Yes.
Are they confined to airing courts, or allowed to walk in other grounds, and sent beyond the Asylum?				Confined to Airing Courts.
Are any means taken to amuse the patients or to induce them to amuse themselves? Detail them. Is any special Recreation Room provided?				They are supplied with books and games.
How many religious services were held in 1934?				None.
What particular denominational services are provided, by whom are the services taken, what is the average attendance at the services of each denomination?				"
In what building, and how many could it contain?				"

Giving the daily average number of patients who were employed in 1934.

Distinguishing the sexes.	Specifying the character of the employment.		
	Agriculture and gardening.	Trade.	Household work, drawing water, &c.
Male,	3	Nil.	5
Female,	Needlework 9.	3

QUESTION III.—(INSPECTION.)

Divide the patients in the Asylum into the following Classes:—

	Males.	Females.	Total.
(I.) Idiots and Imbeciles,	15	24	39
(II.) Presumably Recoverable,	59	38	97
(III.) Chronic and Presumably Irrecoverable:—	144	64	208
<i>Of whom are</i>			
(a) Turbulent and Dangerous,*	55	49	107
(b) Suicidal,	12	12	24
(c) Sick and Infirm,	30	18	48
(d) General Paralytics,	16	...	16
(e) Epileptics,	5	3	8
(f) Senile Dements,	4	7	11
(g) Quiet and able-bodied,	93	37	130

* N.B.—The difference between the addition of the total column and the total number of Males and Females is due to the inclusion of certain patients in more than one column as their condition is appropriate to more than one heading.

Give the number of visits of inspection paid to the Asylum in 1934.

Distinguishing those visits in which all patients were seen and every part of the building visited from visits of partial inspection.	And Stating the Official Position of the Visitors.							
	By the Governor or Colonial Secretary.		Visiting Justices.		By a Committee of the Governing Body.		By an Inspector specially charged to ascertain the continued lunacy or otherwise of the patients.	
	By Appointment.	Of Surprise.	By Appointment.	Of Surprise.	By Appointment.	Of Surprise.	By Appointment.	Of Surprise.
1. Complete Inspections	1	4
2. Partial Inspections

State how many reports of the following kinds have come under the notice of the Governor:—

- (I.) Financial and statistical (showing, amongst other things, on what system the money and store accounts are kept and audited). None.
- (II.) Reports by the person or persons charged with the immediate management of the Asylum. One annual report by the Medical Officer in charge.
- (III.) Reports by an Official Inspector, independent of the Governing Body of the Asylum. None.

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DIETS FOR ALL HOSPITALS.

3RD CLASS EUROPEAN PATIENTS.

*Full Diet.**Breakfast—7.30 a.m.*

Bread, white (Lane Crawford's)	4 oz.
Butter, fresh (Australian)	1 "
{ Eggs, fowls	3
{ Fish, cleaned	6 oz. }
{ Eggs 2, bacon 2 oz	
Milk, Cow's (Dairy Farm)	2½ "
Sugar, cube	1 "
Tea, Ceylon or Cocoa or coffee	¼ "

Tiffin—12.30 p.m.

Bread, white (Lane Crawford's)	2 oz.
{ Beefsteak (Rump).....	6 "
{ Chicken, cleaned	8 "
{ Mutton chop	6 "
Potatoes.....	6 "
{ Beef or Mutton Soup { Beef or mutton	2 "
{ Barley, Pearl.....	1 "
{ Vegetable, fresh ...	1½ "
{ Pea soup, Beef 2 oz., split peas	3 "
{ Tomato soup, Beef 2 oz., tomatoes.....	4 "
Vegetables, fresh	6 "

Puddings.

{ Rice 1 oz. 1 egg, milk ½ pt., sugar... ..	½ oz. }
{ Bread 2 oz., butter ¼ oz., 1 egg, milk ¼ pt.,	
{ sugar	½ "
{ Sago 1 oz., 1 egg, milk ¼ pt., sugar	½ "

Tea—3.30 p.m.

Bread, white (Lane Crawford's)	4 oz.
Butter, fresh (Australian)	1 "
Milk, Cow's (Dairy Farm)	2½ "
Sugar, cube	1 "
Tea, Ceylon	¼ "

Dinner—7.00 p.m.

{ Chicken soup, Chicken, cleaned.....	4 oz. }
{ Barley.....	1 "
{ Beef soup, beef 2 oz., Barley	1 "
{ Vegetable, Fresh	2½ "
Chicken, cleaned	8 "
Mutton chop	6 "
Fish	6 "
Vegetables, fresh	6 "
Bread, (Lane Crawford's)	2 "
Potatoes	6 "

Puddings.

Custard, 1 egg, milk ¼ pt., sugar	½ oz. }
Ground rice, 1 oz., 1 egg, milk ¼ pt., sugar...½ "	
Vermicelli, 1 oz., 1 egg, milk ¼ pt., sugar ...½ "	

*Low Diet.**Breakfast.*

Bread, white (Lane Crawford's)	2 oz.
Butter, fresh (Australian)	½ "
Milk, Cow's (Dairy Farm)	2½ "
Sugar, cube,	1 "
Tea, Ceylon	¼ "

Tiffin.

Beef tea, beef	8 oz.
Bread, (Lane Crawford's)	2 "

Tea.

Bread, white (Lane Crawford's)	2 oz.
Butter, fresh (Australian)	½ "
Milk, Cow's (Dairy Farm)	2½ "
Sugar, cube,	1 "
Tea, Ceylon	¼ "

Dinner.

Soup, chicken, cleaned chicken	8 oz.
Bread, white (Lane Crawford's)	2 "

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(DIETS),—Continued.

3RD CLASS INDIAN PATIENTS.

Full Diet.

<i>Breakfast.—7.30 a.m.</i>	<i>Supper.—4 p.m.</i>
Dhall,4 oz.	Chicken, live, 8 oz.
Eggs, Fowls' (Fresh) or (Fish 6 oz. alternately)...4	Curry Stuff, value 1 ct.
Rice,8 oz.	Flour, (Indian),12 oz.
Sugar, white crystallized,½ "	Ghee,1½ "
Tea, (Chinese),¼ "	Sugar, white crystallized, ½ "

Low Diet.

Congee, (2 oz. Rice to 1 pint),1 pint.	Chicken, (live for Soup),8 oz.
Dhall,.....4 oz.	Congee, (2 oz. Rice to 1 pint),.....1 pint.
Rice,4 "	Rice,.....4 oz.
Tea, (Chinese),.....¼ "	

3RD CLASS CHINESE PATIENTS.

Full Diet.

<i>Breakfast.—7.30 a.m.</i>	<i>Supper.—4 p.m.</i>
Fish, Fresh with ½ oz. Ground Nut Oil (or 1 Salt Egg, alternately) 2 oz.	Egg, Salt, 1
Pork, Fresh (with 1 Salt Egg, or 3 Water Chestnuts, alternately)..... 2 "	Fish, Fresh, with ½ oz. Ground Nut Oil (or 2 oz. Pork with 4 oz. Acidulated Vegetables alternately) 2 oz.
Rice,12 "	Rice,.....12 "
Tea, (Chinese), ¼ "	Vegetables, Fresh, 4 "
Vegetables, Fresh, 4 "	

Tiffin—12.30 p.m.

Beef Congee (2 oz. Beef, 1 oz. Rice)..... ½ pt.

Low Diet.

<i>Breakfast.—7.30 a.m.</i>	<i>Supper—4 p.m.</i>
Congee, (2 oz. Rice to 1 pint),1 pint.	Congee, (2 oz. Rice to 1 pint),1
Fish, Fresh with ½ oz. Ground Nut Oil (or 1 Salt Egg, alternately),.....2 oz.	Rice,4 oz.
Rice,4 "	Salt Egg,1
Tea, (Chinese),¼ "	
<i>Tiffin—12.30 p.m.</i>	
Plain Congee, 1 oz. Rice.....½ pt.	

1st and 2nd Class patients receive the above diets, but are allowed various extras in addition.